



Training and Development
Directory
2014



Thank you for your interest in the educational opportunities offered by East Alabama Medical Center. Doyle Haynes, M.D., a physician at EAMC from 1968 to 1986, was the catalyst in building a strong education program and that tradition continues today. Our staff is committed to providing you with the training and development you need to be successful at EAMC and beyond. My hope is that this directory provides you with the information you need to assist in your continuing education and self-development.

Sincerely,

Terry Andrus



IMPORTANT INFORMATION

Registration Information: Pre-registration is recommended at least two weeks before the date of the class. Fees must be paid at the time of registration.

EAMC & Lanier Employee Registration: EAMC & Lanier Employees may register for most classes via OTIS. Payroll deduction is available for classes that require fees. Forms are available at the Health Resource Center and the Professional Practice & Development Office.

Non-Employee Registration: Registration may be taken in a variety of ways. Online at www.eamc.org (see instructions below), or mail the Registration Form to the address on the form.

Course Changes or Cancellations: EAMC and Lanier reserve the right to cancel, reschedule or relocate any classes due to low enrollment or other circumstances beyond our control. Pre-registered students will be notified via e-mail and/or telephone of any course changes or cancellations.

Room Temperature: Please bring a jacket or sweater since the temperature of the room cannot be adjusted to please everyone.

Special Needs: Please indicate any special needs on the Registration Form.

Contact Hours: Nurses must bring their nursing license to swipe to receive contact hours.

Replacement of Lost Contact Hour Certificates & Certification Cards-Replacement certificates/cards will be furnished upon receipt of a written request and a \$5 processing fee. The written request must include the program name & date and is subject to verification of attendance by the Lanier Education Department. Cards cannot be mailed or picked up without payment. Please allow 10 business days to process request from the time your request was received.

Find us on:



Search for the "EAMC Health Resource Center" and become our friend.

Visit our website at:

www.eamc.org

On the Home Page in the lower right corner, click "Register for Classes"

REGISTRATION FORM

Name: _____ ABN License: _____

Cell: _____ Home Phone: _____

Address: _____

City: _____ State: ___ Zip: _____

Date of Birth: ___/___/___ Last four digits of Social Security #: _____

Email: _____

Employer: _____

If EAMC or Lanier, what department? _____

Class Information

Class: _____

Date(s) of Class: _____ Cost, if applicable: \$ _____

*Expiration Date of CPR Card: (for ACLS & PALS only) _____

Non-EAMC/Lanier Employee? Please specify amount enclosed: \$ _____

Credit Card # _____ Exp Date _____

Special Needs: _____

Manual # Issued: _____ Date Out: _____ Date Returned: _____

Make checks payable to "East Alabama Medical Center", unless otherwise noted.

Mail Registration and payment to Health Resource Center, 2027 Pepperell Parkway, Opelika, AL 36801, unless otherwise noted.

*ACLS/PALS students-Please note that you must have a current CPR card to take the course and you **MUST** pick up your manual 14 days prior to the course date.

EAMC & Lanier Employee Information

How To Access OTIS From Home

- Step 1. Go to www.eamc.org
- Step 2. Click **EMPLOYEE PORTAL**
- Step 3. Enter your **Network Credentials**
- Step 4. Click **LOGIN**
- Step 5. Click the **OTIS** link

How to Self-Enroll in Classes & Events

The purpose of self-enrollment is that it allows you to enroll yourself in classes & events and use your self-enrollment lesson plan to view and manage those classes.

1. On your Personal Page, under **QUICK LINKS**, click the **VIEW** button beside **Self-Enroll Classes & Events**
2. From the "Search for courses like" section-enter as much of the name as you know. (Hint: Use your Training and Development Directory to search for course names and dates) You can also search based on a date range by entering a **START DATE** and **END DATE**. Click **LIST EVENTS** button.
3. The available event names are displayed based on your search criteria. If you want to know more about the event, click the Event Name and an overview opens.
4. To enroll, click the **ENROLL NOW** button to the right of the Event Name.
5. The Event Enrollment Request Form opens. Complete the form and click the **ENROLL NOW** button.
6. Close out registration window by clicking X in upper right corner.

You will be sent an email to your EAMC/Lanier email address confirming your registration.

Education at EAMC

Health Resource Center:

Karen Gresham, RN, BSN, CCRN, MBA-Director of Education

Lynda Adair - Secretary I *

Kimberly Adams, BS - Training Specialist-Development & Analysis

Cathy Blumenthal, BS - Program Development Coordinator

Patti Cox- Secretary II

Donnie Davis, BS, RN - Education Coordinator*

April Haynes BSN, RN - Education Coordinator*

Johnny Lawrence, BS - Education Coordinator*

Timothy Noordermeer - Security Rep*

Brian Payne, BS - Compliance Coordinator

Mike Smith, RN, BSN - Clinical Educator I

Professional Practice & Development:

Jennifer Terry, MSN, ACNS-BC, CCRN - Manager-Clinical Education

Erin Brown, BSN, RN-BC - Clinical Educator I

Robin McCormick, RN, MSN - Clinical Educator II

Peggy Mitchell, BSN, RN, CCRN- Clinical Educator I*

Sherry Seibenhener, MSN, FNP-BC, CCE - Clinical Educator III

Elaine Thomas - Training Specialist

Morgan Yordy, MSN, RN - Clinical Educator III*

Education at Lanier

Alison Yarbrough, RN-Clinical Resources Manager

Diane Adair, RN

Vickie Crenshaw, Exercise Physiologist

Valerie Kambeitz, RN

Cecilia Lashley, RN, BSN-Diabetes Clinician

2014

January

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

May

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

February

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

June

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March

Su	Mo	Tu	We	Th	Fr	Sa
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

July

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November

Su	Mo	Tu	We	Th	Fr	Sa
30						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

April

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

August

Su	Mo	Tu	We	Th	Fr	Sa
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Designed by Avay, amystudio.com

The following classes are held at either the Health Resource Center or East Alabama Medical Center in Opelika, AL.

Time Zone Reminder

- Classes held at the Health Resource Center and East Alabama Medical Center are on **Central** Time Zone.

Table of Contents American Heart Association		
Course	Page	Contact Hours
Advanced Cardiac Life Support for Inexperienced Providers	11	13 ABN
Advanced Cardiac Life Support Renewal	11	9 ABN
American Heart Association Instructor Course	11	None
Basic Life Support for Healthcare Providers (Certification)	12	None
Basic Life Support for Healthcare Providers (Renewal)	12	None
HeartCode BLS Skills Check-off	14	None
Heartsaver CPR	12	None
Heartsaver First Aid	13	None
Pediatric Advanced Life Support (PALS) for Inexperienced Providers	13	14.0 ABN
Pediatric Advanced Life Support (PALS) Renewal	13	8.5 ABN

Table of Contents Clinical Development		
Course	Page	Contact Hours
AWHONN Intermediate EFM (Fetal Heart Monitoring)	15	15.25 provided by AWHONN
Basic EKG Interpretation	15	4.8 ABN, 4.0 ASNA (0.5 Pharmacology hours)
Bedside Emergencies	15	5.1 ABN, 4.25 ASNA
Cancer Conference	20	1 AMA PRA Category Credit
Care of the Mechanically Ventilated Patient	15	3.3 ABN, 2.7 ASNA
Care of the Patient Receiving Conscious Sedation & Neuromuscular Blockade	16	2.0 ABN, 1.66 ASNA
Chest Tube Care	16	2.1 ABN, 1.7 ASNA

Table of Contents Clinical Development (cont'd)		
Course	Page	Contact Hours
Coach for Success	16	9.6 ABN, 7.4 ASNA
Designated Requestor (Organ Donation)	16	AOC provides contact hours
Hemodynamics Monitoring	17	4.3 ABN
Intra-Aortic Balloon Pump Counterpulsation Therapy	17	Vendor provided contact hours
IV Cardiac Medications for the Telemetry Nurse	17	2.6 ABN, 2.1 ASNA
IV Therapy	17	4.8 ABN, 4.0 ASNA
Morbidity and Mortality	17	Pending ABN
Neonatal Resuscitation Program Skills Check-offs	18	Vendor provided contact hours
NIH Stroke Scale Practicum	19	None
Pacemakers: Temporary & Permanent	19	1.2 ABN, 1.0 ASNA
Sheath Care & Removal	19	3.0 ABN, 2.5 ASNA
Therapeutic Hypothermia	20	4.0 ABN
Why We Do What We Do: Evidence-Based Practice	20	1.8 ABN, 1.5 ASNA

Table of Contents Community Courses		
Course	Page	Contact Hours
Breastfeeding Preparation	21	None
Breastfeeding Support Group	21	None
Cardiac Risk Factor Prevention	21	None
Safe Sitter	21	None

Table of Contents Emergency Nursing Association Courses		
Course	Page	Contact Hours
Emergency Department ESI Level 5 Triage Class	22	4.4 ABN, 3.6 ASNA
Emergency Nursing Pediatric Course (ENPC)	22	15.33 ABN
Health Innovations 2014	22	Pending ABN
Trauma Nursing Core Course	22	14.42 ABN

Table of Contents EPIC Training		
Note: The EPIC classes are for EAMC and Lanier employees only.		
Course	Page	Contact Hours
EPIC 101: Making Lean Part of EAMC Culture	23	Pending ABN, ASBSWE, ASRT, CBSPD

Table of Contents Leadership Development Courses		
Note: The Leadership Development Classes are for EAMC and Lanier employees only.		
Course	Page	Contact Hours
Critical Thinking Skills	23	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Addressing Poor Performance	23	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Coaching for Peak Performance	23	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Communicating for Leadership Success	24	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Crucial Accountability	24	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Crucial Conversations	24	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Project Management	25	Pending ABN, ASBSWE, ASRT, CBSPD
Leadership Development: Your Leadership Journey	25	Pending ABN, ASBSWE, ASRT, CBSPD
Preceptor/Coach Workshop	25	Pending ABN, ASBSWE, ASRT, CBSPD

Table of Contents Med Ed		
Course	Page	Contact Hours
CCRN/PCCN Review	26	Vendor provided contact hours
Demystifying X-Ray and Lab	26	Vendor provided contact hours
Legal Issues in Nursing	26	Vendor provided contact hours
The Licensed Health Care Professional and Health Care Reform	26	Vendor provided contact hours

Table of Contents Self-Development		
Course	Page	Contact Hours
Basic Medical Terminology	27	None
Non-Violent Crisis Intervention	27	Pending ABN, ASBSWE, ASRT, CBSPD
Non-Violent Crisis Intervention Refresher	27	Pending ABN, ASBSWE
School at Work (SAW)	27	None

American Heart Association Courses

Advanced Cardiac Life Support (ACLS) for Inexperienced Providers This two day, instructor-led classroom course provides instruction for healthcare providers through case-based scenarios and hands-on skills practice. Group sessions and learning station emphasizes the importance of communication and team dynamics. Course content includes: basic life support skills, advanced cardiovascular life support skills, airway management, acute coronary syndromes (ACS) management, stroke management, immediate post-cardiac-arrest care, and related pharmacology.

Audience: RN's, EMTs, Physicians, Pharmacists, Respiratory Therapists

Time: 8am-3pm

Location: Health Resource Center

Dates: Jan 14-15, Jan 28-29, Feb 27-28, Mar 20-21, Apr 22-23, May 14-15, May 28-29, June 25-26, July 23-24, Aug 12-13, Sept 23-24, Oct 28-29, Nov 12-13, Nov 17-18, Dec 9-10

Fees: EAMC & Lanier Employees: No Charge,
Non-Employees: \$155 (textbook not included)
Textbook is available for \$45

Contact Hours: 13 ABN
Pocket Reference Cards is available for \$15.

Advanced Cardiac Life Support (ACLS) Renewal This one instructor-led classroom course provides a review for healthcare providers through case-based scenarios and hands-on skills practice. Group sessions and learning station emphasizes the importance of communication and team dynamics. Course content includes: basic life support skills, advanced cardiovascular life support skills, airway management, acute coronary syndromes (ALS) management, stroke management, immediate post-cardiac-arrest care, and related pharmacology.

Audience: RN's, EMTs, Physicians, Pharmacists, & Respiratory Therapists

Time: 8am-5pm

Location: Health Resource Center

Dates: Jan 21 Feb 11 Mar 11 Apr 8 May 6 June 10 July 8 Sept 16 Oct 8 Nov 7

Fees: EAMC & Lanier Employees: No Charge,
Non-Employees: \$110 (textbook not included)
Textbook is available for \$45

Contact Hours: 9 ABN
Pocket Reference Cards is available for \$15

American Heart Association (AHA) Instructor Course (BLS, ACLS, & PALS) This one day instructor-led classroom course is for instructor candidates who meet the AHA requirements for teaching specific provider courses such as Heartsaver, BLS, ACLS, & PALS. The online AHA Instructor Essentials Course is a prerequisite for each discipline the candidate wishes to teach. Candidates must print and bring the completion certificates for each discipline to class.

Audience: Candidates who meet the AHA requirements for instructor.

Dates: Feb 21 Aug 15

Time: 8am-4:30pm

Location: Health Resource Center

Fees: EAMC & Lanier Employees: No Charge; However, the online AHA Instructor Essentials Course and the instructor manual for each discipline is required.

Non-Employees: \$100; In addition, to the online AHA Instructor Essentials Course and the Instructor manual for each discipline is required

BLS Instructor Manual - \$35; ACLS Instructor Manual-\$45; PALS Instructor Manual-\$45

Contact Hours: None

American Heart Association Courses (cont'd)

Basic Life Support for Healthcare Providers (Certification) This 4 hour instructor-led classroom course emphasizes the importance of early CPR and defibrillation as a link in the Chain of Survival. Classroom instruction provides hands-on skills practice for performing the basic steps of CPR, using an AED, and relieving choking

Audience: Healthcare professionals, students, and general public interested in learning CPR

Time: 5pm-9pm

Location: Health Resource Center

Dates: Jan 8, Feb 5, Mar 5, Apr 2, May 7, June 4, July 2, Aug 6, Sept 3, Oct 1, Nov 5, Dec 3

Fees: EAMC & Lanier Employees: No Charge; Non-Employees \$65 (textbook not included)
Textbook is available for \$18 Students: \$35 (textbook not included)

Basic Life Support (BLS) for Healthcare Providers (Renewal) This 2 hour instructor-led classroom course emphasizes the importance of early CPR and defibrillation as a link in the Chain Of Survival. Classroom instruction is a review with hands-on skills practice for performing the basic steps of CPR, using an AED, and relieving chocking. **Participants must have a current provider card to be eligible for the renewal course**

Audience: Healthcare professionals, students, and general public

Times: 7:30am, 10am, 1pm, 3:30pm (each class lasts approximately 2 hours)

Location: Classroom C (Basement EAMC)

Dates: Jan 8 Feb 5 Mar 5 Apr 2 May 7 June 4 July 2 Aug 6 Sept 3 Oct 1 Nov 5 Dec 3

Fees: EAMC & Lanier Employees: No Charge; Non-Employees: \$35 (textbook not included)
Textbook is available for \$18 Students: \$35 (textbook not included)

Heartsaver CPR AED This 2 hour, instructor-led classroom course emphasizes the importance of early CPR and defibrillation as a link in the Chain of Survival. Classroom instruction provides hands-on practice with basic CPR skills such as giving compressions, performing a head tilt-chin lift, and giving breaths; in addition to using an AED. Note: This is not a Healthcare Provider course.

Audience: All Senior Communities Staff, Dandyland, Healthplus staff and the general public interested in learning CPR.

Time: 8am-10am

Location: Health Resource Center

Fee: EAMC & Lanier employee- no charge Non-employee- \$40 (textbook not included)
Textbook is available: CPR AED \$18; First Aid CPR AED \$20

Dates: Jan 8, Jan 22, Feb 5, Feb 19, Mar 5, Mar 19, Apr 2, Apr 16, Apr 30, May 14, May 28, June 11,
June 25, July 9, July 23, Aug 6, Aug 20, Sep 3, Sep 17, Oct 1, Oct 15, Oct 29, Nov 12,
Nov 26, Dec 10, Dec 24

American Heart Association Courses (cont'd)

Heartsaver First Aid- This 2 hour, instructor-led classroom course teaches essential skills needed to respond to and deal with emergencies before emergency medical services (EMS) arrive. Classroom instruction provides information for first responders regarding first aid basics such as scene safety, calling for help, controlling bleeding, managing burns, actions for bites and stings, splinting for broken bones, and actions for poison emergencies.

Audience: All Senior Communities Staff, Dandyland, Healthplus staff and the general public interested in learning CPR.

Time: 10am-12pm

Location: Health Resource Center

Dates Jan 8, Jan 22, Feb 5, Feb 19, Mar 5, Mar 19, Apr 2, Apr 16, Apr 30, May 14, May 28, Jun 11, Jun 25, July 9, July 23, Aug 6, Aug 20, Sep 3, Sep 17, Oct 1, Oct 15, Oct 29, Nov 12, Nov 26, Dec 10, Dec 24

Fee: EAMC & Lanier Employees: No Charge
Non-Employees: \$40 (textbook not included)
Textbook is available: First Aid \$15; First Aid CPR AED \$20

Pediatric Advanced Life Support (PALS) for Inexperienced Providers -This 2 day, instructor-led classroom course provides instruction for healthcare providers using scenarios to simulate pediatric emergencies and practice hands-on skills. Group sessions and learning stations emphasize the importance of a systematic approach to the pediatric assessment, effective communication, and team dynamics. Course content includes: infant and child basic life support skills; cardiac, respiratory, and shock case studies; emergency respiratory management; rhythm disturbances; electrical therapy; vascular access; and related pharmacology.

Audience: RNs, EMTs, Physicians, Pharmacists, and Respiratory Therapists

Time: 8am-3pm

Location: Health Resource Center

Dates: Jan 23&24 Feb 13&14 Apr 10&11 Apr 29&30 June 19&20 Aug 21&22 Oct 21&22 Dec 17&18

Fee: EAMC & Lanier Employees: No Charge
Non-Employees: \$155 (textbook not included)
Textbook is available for \$45; Pocket Reference Card is available for \$12

Pediatric Advanced Life Support (PALS) Renewal-This 1-day, instructor-led classroom course provides a review for healthcare providers using scenarios to simulate pediatric emergencies and practice hands-on skills. Group sessions and learning stations emphasize the importance of a systematic approach to the pediatric assessment, effective communication, and team dynamics. Course content includes: infant and child basic life support skills; cardiac, respiratory, and shock case studies; emergency respiratory management; and related pharmacology.

Audience: RNs, EMTs, Physicians, Pharmacists, and Respiratory Therapists

***Participants must have a current provider card to be eligible for the renewal course.**

Time: 8am-5pm

Location: Health Resource Center

Contact Hours: 8.5 ABN

Dates: Mar 4 May 22 Jul 29 Sept 9 Oct 14 Dec 4

Fee: EAMC & Lanier Employees: No Charge; Non-Employees: \$100 (textbook not included)
Textbook is available for \$45; Pocket Reference Cards Set is available for \$12

American Heart Association Courses (cont'd)

HeartCode Basic Life Support (BLS) for Healthcare Providers Part 1- This is a self-paced, web-based instructional program that utilizes eSimulation for patient assessment and treatment in virtual healthcare settings. After completing the online portion, students must participate in a skills practice and check off with an American Heart Association (AHA) instructor to receive a course completion card.

Audience: Healthcare professionals, students, and general public interested in learning CPR.

EAMC & Lanier Employees: Call the Health Resource Center 334-528-1260 to have the on-line portion of the course assigned via OTIS and register for one of the skill practice/check off sessions listed below. Participants must print and bring the completion certificate to class.

Non-Employees: Purchase the HeartCode BLS Part 1 module from www.onlineaha.org. Register for one of the skills practice/check off sessions listed below. Participants must print and bring the completion certificate to class.

Dates/Times/Locations:

Jan 7	8:00am 8:30am 9:00am 9:30am	Classroom C (Basement EAMC)
Jan 30	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Feb 4	8:00am 8:30am 9:00am 9:30am	Classroom C (Basement EAMC)
Feb 26	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Mar 4	8:00am 8:30am 9:00am 9:30am	Classroom C (Basement EAMC)
Mar 31	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Apr 1	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Apr 24	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
May 1	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
May 27	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Jun 3	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Jun 24	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Jul 1	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Jul 31	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Aug 5	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Aug 27	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Sep 2	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Sep 30	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Oct 7	8:00am 8:30am 9:00am 9:30am	Classroom C (Basement EAMC)
Oct 30	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Nov 4	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Nov 25	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center
Dec 2	8:00am 8:30am 9:00am 9:30am	Classroom B (Basement EAMC)
Dec 30	3:00pm 3:30pm 4:00pm 4:30pm	Health Resource Center

Fee: EAMC & Lanier Employees: No Charge

Contact Hrs. None

Non-Employees: \$15 for skills practice/check-off

Clinical Development

AWHONN Intermediate Fetal Monitoring-this two day course is to promote the integration of knowledge and skills essential to the assessment, promotion and evaluation of fetal-wellbeing during labor.

Audience: Nurses caring for the gravid female during the ante-partum and intra-partum periods.

Time: 8am-4:30pm

Location: Classroom A

Dates: Mar 13-14 June 19-20 Sept 10-11 Dec 1-2 **Contact Hours:** 15.25 provided by AWHONN

Fee: EAMC & Lanier Employees: \$25 (textbook fee) Non-Employees: \$250 (includes textbook)

Basic EKG -To enable nurses to identify the various rhythms they are likely to encounter when working with monitored patients, know the common treatments, and identify ischemic changes in an EKG strip.

Audience: RNs, LPNs, Cardiovascular Techs & Monitor Techs

Time: 8:30am-12:30pm **Location:** Classroom A **Contact Hours:** 4.8 ABN; 4.0 ASNA (1.0 Pharmacology hours)

Dates: Jan 14 Feb 18 Mar 18 Apr 22 May 20 June 17 July 22 Aug 19 Sept 23 Oct 21 Nov 18 Dec 16

Fee: EAMC & Lanier Employees: No Charge Non-Employees: \$48

Bedside Emergencies-The purpose of this course is to prepare the nurse for unexpected emergent situations by providing hands-on practice with emergency equipment used at EAMC, review of basic life-savings skills, review of patient signs and symptoms, review of available resources, and review of case studies.

Audience: EAMC & Lanier RNs & LPNs

Time: 8am-12:30pm

Location: Classroom A

Contact Hours: 5.1 ABN, 4.25 ASNA

Dates: Jan 9 Jan 23 Feb 6 Mar 6 Apr 17 May 15 Jun 12
Jun 26 July 10 Aug 7 Sep 18 Oct 16 Nov 13 Dec 11

Fee: EAMC & Lanier Employees: No Charge Non-Employees: \$24

Care of the Mechanically Ventilated Patient-this course will review normal pathophysiology of the respiratory system and examine illnesses/events that lead to the need for mechanical ventilation. Will prepare the nurse to care for the patient on a ventilator, review the principals of how a ventilator works, and review acid/base balance and the interpretation of ABG's.

Audience: RNs, Nursing Students & Respiratory Therapists interested in learning about care for a mechanically ventilated patient.

Time: 1pm-4pm

Location: Classroom A

Contact Hours: 3.3 ABN, 2.7 ASNA

Dates: Feb 11 Aug 12

Fee: EAMC & Lanier Employees: No Charge
Non-Employees: \$40

Clinical Development (cont'd)

Care of the Patient Receiving Conscious Sedation & Neuromuscular Blockade-Discuss the medications, procedures, and potential complications associated with conscious sedation and neuromuscular blockade.

Audience: EAMC Nurses only

Time: 2:30pm-4:30pm **Location:** Classroom A **Dates:** Feb 18 May 20 July 22 Oct 21

Dates: Feb 18 May 20 July 22 Oct 21 **Contact Hours:** 2.0 ABN, 1.66 ASNA

Fee: EAMC employee no charge Non-employee \$36

Chest Tube Care- the purpose of this course is to discuss the indications for chest tube placement, to review nursing care for the patient with a chest tube, and to provide hands-on practice with the Atrium Oasis Dry Suction Chest Drain.

Audience: RNs & LPNs **Time:** 12pm-2pm **Location:** Classroom A

Dates: Feb 27 May 29 July 17 Aug 28 Oct 30 **Contact Hours:** 2.1 ABN, 1.7 ASNA

Fee: EAMC & Lanier Employees: No Charge
Non-Employees: \$24

Coach for Success-Designed for the nurse preceptor, this course provides essential information that will guide the nurse preceptor in facilitating a positive learning experience for new nurses. Role and responsibilities of the preceptor, learning styles and needs of preceptees, differentiation between performance review and feedback, strategies that can be used to provide feedback, ideas to assist preceptees in overcoming reality shock, and adult learning/teaching principles will be defined and discussed. To promote learning, various interactive and self-reflective activities are incorporated into the class. Nurse coaches and preceptors will walk away with the tools needed to engage preceptees and novice nurses in a learning environment that successfully promotes competence and confidence.

Audience: Any nurse who is currently a coach or has been chosen by their manager to become a coach for new graduate nurses, new employees and students.

Time: 8am-4:30pm **Location:** Classroom A **Contact Hours:** 9.6 ABN, 7.4 ASNA

Dates: Feb 3 Apr 7 June 2 Aug 25 Oct 6 Dec 1

Fee: EAMC & Lanier Employees: No Charge

Designated Requestor (Organ Donation)- this course is taught by the Alabama Organ Center (AOC) staff. Participants will learn how to discuss organ donation with patient's family members.

Audience: Nurses, Chaplains, Social Workers, Other interested in organ/tissue donation and the request process

Dates: Feb 11 May 21 Aug 19 Nov 19 **Time:** 8am-11am

Location: Health Resource Center **Contact Hours:** 3.0 provided by AOC

Clinical Development (cont'd)

Neonatal Resuscitation Program (NRP) -Includes self-study, online exam and Integrated Skills Megacode designed to train and certify personnel in the AAP protocols of Neonatal Resuscitation (all classes same; no longer renewal classes).

Audience: Physicians, Nurses, EMTs and Respiratory Therapists

Dates: Jan 8 Mar 5 May 14 July 9 Sep 17 Nov 12

Time: 8am-12pm

Location: Maternal Child Area, 3rd Floor Dayroom

Contact Hours: 9.0 contact hours approved by the Illinois Nurses Association (also for CME's, CRCE's and CECBEMS) for study and online exam. There are no separate contact hours for Integrated Skills Megacode as completion times may vary per learners experience and preparation. NRP Certification Card will NOT be awarded until completion of study, online exam, and Integrated Skills Megacode.

YOU MUST BRING CERTIFICATE OF EXAM COMPLETION TO MEGACODE INTEGRATED SKILLS CLASS (no admittance without exam certificate).

Fee: EAMC & Lanier Employees: No Charge. 6th Ed textbook is required \$55

Non-Employees: \$30 (textbook not included) 6th Ed textbook is required \$55;

An additional fee will be charged by HealthStream to complete the on-line provider test.

EAMC and Lanier Employees need to self-study the textbook, contact the Health Resource Center ext. 1260 to have the test assigned via OTIS and complete the test within 30 days of a skills check-off. To receive provider status, please bring the online exam completion certificate and attend a skills class listed above. Register for skills class in OTIS.

Non-Employees must self-study the text, and contact HealthStream at 1-800-521-0574, select #6 to complete the on-line provider test within 30 days of a skills class. To receive provider status you may attend one of the skills class listed above.

Clinical Development (cont'd)

National Institutes of Health Stroke Scale (NIHSS) -The purpose of this course is to provide an opportunity for the nurse to apply and practice assessment skills learned during the online NIHSS training and certification. The online NIHSS Beginners Program Orientation & Certification at www.nihstrokescale.org are prerequisites to this practicum. Completion of the program and certification are required before attending the practicum.

Participants are required to print and bring completion certificate to class.

Audience: EAMC RNs and LPNs **Fee:** No Charge **Location:** Classroom A

Dates: Feb 20 May 28 July 23 Oct 29 **Time:** 4:30pm-5:30pm

Contact Hours: None

Pacemakers: Temporary and Permanent: Discuss the development of pacemakers, the principles of pacing and the use of temporary and permanent pacemakers.

Audience: RNs working in ICU, CVICU, and CVSU

Dates: Feb 27 May 29 July 17 Aug 28 Oct 30 **Time:** 2pm-3pm **Location:** Classroom A

Fee: EAMC & Lanier Employees: No Charge **Contact Hours:** 1.2 ABN, 1 ASNA

Non-employees: \$12

Sheath Care and Removal-this course will prepare participants to care for patients with arterial and venous sheaths. Critical concepts of patient monitoring, the sheath removal process, proper techniques for manual compression needed to achieve hemostasis and potential complications and management will be discussed.

Audience: RNs, LPNs, MCTs, and Cardiovascular Techs **Contact Hours:** 3.0 ABN, 2.5 ASNA

Dates: Feb 13 Apr 22 June 17 Aug 19 Nov 18 **Time:** 1:30pm-4:30pm

Fee: EAMC & Lanier Employees: No Charge **Location:** Classroom A

Non-Employees: \$36

Clinical Development (cont'd)

Therapeutic Hypothermia-this class will discuss how to increase chances of survival from Out of Hospital Cardiac Arrest (OOHCA) by applying Therapeutic Hypothermia after return of spontaneous circulation (ROSC) in the unresponsive patient.

Audience: EAMC Patient Care Providers in ED, ICU, Cath Lab and any other interested staff.

Note: *This class is for EAMC Employees only*

Dates: Feb 20 May 28 July 23 Oct 29 **Time:** 8am-12pm **Location:** Classroom A

Contact Hours: 4.4 ABN; pending ASRT

Why We Do What We Do: Evidence-Based Practice-this class is to educate the nurse on Evidence-Based Practice and how it applies to general nursing care.

Audience: All Nurses at EAMC and other interested personnel. **Time:** 12:30pm - 2:30pm

Location: Classroom A in basement of EAMC

Dates: Jan 8, Jan 22, Feb 5, Mar 5, April 16, May 14, June 11, June 25, July 9, Aug 6, Sep 17, Oct 15, Nov 12, Dec 10

Contact Hours: 1.8 ABN; 1.5 ASNA

Fees: EAMC & Lanier Employee-NO charge Non-Employee \$18

Clinical Development (cont'd)

Note: The Cancer Conferences are for EAMC Employees only.

Cancer Conference-Due to the sensitive nature of case confidentiality, conferences are limited to EAMC and physician's staff. Patient confidentiality is strictly maintained in accordance with hospital policy.

Audience: All healthcare providers **Time:** 12:00 noon **Location:** Classroom C

Dates: Jan 7 & 21 May 13 Sep 2 & 23
Feb 4 & 18 June 10 & 24 Oct 7 & 21
Mar 4 & 18 July 8 & 22 Nov 4 & 18
Apr 1, 15 & 29 Aug 5 & 19 Dec 2 & 16

Community Courses

Breastfeeding Preparation-designed for new or expectant mothers who are interested in learning more about breastfeeding. Class includes information about techniques and methods, storing milk, weaning and hints for working mothers.

Audience: Pregnant women or new mothers and their partners/support persons.

Location: 3rd Floor Dayroom at EAMC (take main lobby elevator)

Time: 10am-12pm

Dates: Second Saturday of each month.

Breastfeeding Support Group-provides a comfortable place for breastfeeding mothers to share ideas as well as seek information and emotional support.

Audience: Pregnant women or new mothers and their partners/support persons.

Location: 3rd Floor Dayroom at EAMC (take main lobby elevator)

Dates: Every Thursday

Time: 12pm-2pm (Drop in anytime & bring a lunch if you like)

Cardiac Risk Factor Prevention-A Smart Start to a Healthy Heart is a free 2 hour class that will enable you to learn about the heart, a healthy lifestyle and what you can do to help your heart to "last a lifetime"

Audience: All are welcome

Location: Health Resource Center

Time: 10am-12pm

Dates: Second Tuesday of each month

Call 334-528-1694 to register.

Safe Sitter-is a medically accurate program that teaches boys and girls how to handle emergencies when caring for children. Children will review safe and nurturing childcare techniques and demonstrate behavior management skills.

Audience: **Age 11-13** Child must be age 11 the day of the class—No EXCEPTIONS!!

Location: Health Resource Center

Dates: June 13 July 11

Time: 8am-3:30pm

Fees: \$30 includes course material and lunch. Consent form and fee is due at the time of registration.

Contact information: Health Resource Center 334 528-1260 or email hrcrecp@eamc.org or Elaine Thomas at elaine.thomas@eamc.org

EPIC

EPIC 101: Making Lean Part of the EAMC Culture-An introduction to lean principles, history, and lean culture including tools and techniques for functioning in a continuously improving workplace; an interactive learning event.

Audience: Front line employees from any EAMC & Lanier department or location; may also include management staff who have not previously attended and introductory lean training course.

Note: *This class is for EAMC & Lanier employees only*

Location: EPIC Resource Center (3rd floor of EAMC, down the corridor from Employee Health)

Dates: Jan 29 Feb 26 Mar 19 Apr 23 May 28 June 25 **Time:** 8am-4:30pm
July 23 Aug 27 Sep 24 Oct 22 Nov 19 Dec 17

Contact Hours: 9.0ABN, 7.5ASBSWE, pending ASRT & CBSPD

Leadership Development

Note: The Leadership Development Courses are for EAMC & Lanier employees only.

Contact Person: Marcilla Gross 334.528.5825

Critical Thinking Skills-With successful completion of this course, the participant will be able to: define critical thinking, identify and adopt the characteristics of critical thinking, recognize and avoid critical thinking mistakes, identify assumptions, evaluate information accurately and thoroughly, distinguish between fact and opinion, implement the critical thinking process in business situations.

Audience: EAMC & Lanier Supervisors, Frontline Leaders and Management Team

Dates: July 16 **Time:** 8am-12pm **Location:** Health Resource Center

Contact Hours: 4.4 ABN, 3.6 ASNA & ASBSWE, pending ASRT & CBSPD

Leadership Development: Addressing Poor Performance- Participants of this class will learn how to: recognize what makes performance problem discussions difficult for both the leader and employee; document and leverage performance data to present a solid case for needed improvement; use essential interaction skills and coaching techniques to meet personal and practical needs during performance problem discussions; identify the steps to take after the performance problem discussion to document agreements, provide ongoing feedback and support, and to determine if it is necessary to impose formal consequences.

Audience: EAMC & Lanier Management Team, Supervisors, and Frontline Leaders

Dates/Times: Feb 18 1:00pm-5:00pm Apr 4 8:00am-12:00pm Jun 17 1:00pm-5:00pm

Location: Health Resource Center **Contact Hours:** pending ABN, ASRT, ASBSWE, & CBSPD

Leadership Development: Coaching for Peak Performance- Participants of this class will learn how to: increase the ability and impact of their coaching; make the most of each coaching opportunity; provide input to help team members gain timely insights into their work; enhance the confidence and competence of their staff on an ongoing basis; build an engaged workforce that feels challenged and valued.

Audience: EAMC & Lanier Management Team, Supervisors, and Frontline Leaders

Dates/Times: Feb 21 8:00am-12:00pm May 2 8:00am-12:00pm July 22 1:00pm-5:00pm

Location: Health Resource Center

Contact Hours: pending ABN, ASRT, ASBSWE, & CBSPD

Leadership Development (cont'd)

Note: The Leadership Development Courses are for EAMC & Lanier employees only.

Contact Person: Marcilla Gross 334.528.5825

Leadership Development: Communicating for Leadership Success- Participants of this class will learn how to: achieve results through others by building strong interpersonal relationships; plan for successful interactions with team members; provide meaningful, supportive feedback that motivates team members and helps individuals improve their performance; impact business outcomes by consistently meeting the personal and practical needs of others.

Note: this class is an updated version of Essentials of Leadership

Audience: EAMC & Lanier Management Team, Supervisors and Frontline Leaders

Dates/Times: Jan 17 8:00am-12:00pm Apr 10 8:00am-12:00pm Nov 4 1:00pm-5:00pm

Contact Hours: pending ABN, ASBSWE, ASRT, CBSPD **Location:** Health Resource Center

Leadership Development: Crucial Accountability - Participants of this class will learn how to: hold anyone accountable, regardless of position or personality; begin any performance discussion on the right foot - avoiding defensiveness and costly arguments; diagnose the underlying causes of misaligned or bad behavior; motivate without using power and enable without taking over.

Note: Crucial Conversations is a pre-requisite for this class

Audience: EAMC & Lanier Management Team, Supervisors and Frontline Leaders

Dates: Jan 22 (management team only) May 2 Jun 13 Oct 23 **Times:** 8am-5pm

Location: Health Resource Center **Contact Hours:**8.4 ABN, 7.0 ASBSWE, 8 ASRT, pending CBSPD

Leadership Development: Crucial Conversations- Participants of this 2 day class will learn how to: understand how to spot the conversations that are keeping them from what they want; learn how to stay focused on what they really want; notice when safety is at risk; learn how to make it safe to talk about almost anything and how to create mutual purpose; understand how to stay in dialogue by mastering their emotions; learn how to speak persuasively, not abrasively; learn how to listen when others blow up or clam up; understand how to turn crucial conversations into action and results.

Audience: EAMC & Lanier Management Team, Supervisors, and Frontline Leaders

Dates: Jan 30-31 Apr 17-18 Sept 11-12 Oct 2-3 **Times:** 8:00am-5:00pm (both days)

Location: Health Resource Center

Contact Hours: 14 ABN, 11.67 ASBSWE, 14 ASRT, pending CBSPD

Leadership Development (cont'd)

Note: The Leadership Development Courses are for EAMC & Lanier employees only.

Contact Person: Marcilla Gross 334.528.5825

Leadership Development: Project Management- Participants of this class will learn how to: understand the basic principles of project management; complete a thorough and accurate project plan including task identification, scheduling, and budgeting; evaluate likely project risks and develop appropriate response strategies; assemble, manage, and motivate a project team; use the DARE model for project management; monitor the key project issues of schedule, budget, and performance deliverables and develop problem responses.

Audience: EAMC & Lanier Management Team, Supervisors and Frontline Leaders

Dates: May 8 June 19 **Times:** 8am-5pm **Location:** Health Resource Center

Contact Hours: pending ABN, ASBSWE, ASRT & CBSPD

Leadership Development: Your Leadership Journey- Participants of this class will learn how to: reduce the stress associated with the shift to leading others, act with authenticity to build trust, bring out the best in others to enhance engagement and capacity, and look for and accept feedback with grace.

Note: This class is an updated version of getting Started as a New Leader

Audience: EAMC & Lanier Management Team, Supervisors and Frontline Leaders

Location: Health Resource Center **Contact Hours:** pending ABN, ASBSWE, ASRT, CBSPD

Dates: Jan 31 Jun 27 Dec 5 **Times:** 8:00am-12:00pm

Preceptor/Coach Workshop 2014- The purpose of this course is to provide tactics and strategies for becoming a more effective preceptor/coach in that role when orienting the new employee.

Audience: NEW or POTENTIAL preceptors who will function as a Coach to orient new Clinical or Non-Clinical Staff. **Open to EAMC & Lanier employees only**

Dates: Feb 12 Sept 10 **Time:** 8am-4pm **Location:** Health Resource Center

Contact Hours: 8.3 ABN, 6.9 ASNA & ASBSWE , Pending approval by those governing boards ASRT & CBSPD

Pre-requisites: Approval to attend the workshop must be granted by your Manager; therefore the self enroll feature is disabled in OTIS. With Manager approval, call the HRC at 334-528-1260 to register. Workshop size is limited to 18 participants w/minimum of 8 participants.

Med ED

CCRN/PCCN Review-this course will provide clinical presentation and specific patient management of commonly seen critical care conditions; review critical anatomy, physiology and pathophysiology of each system, and discuss and practice test taking techniques complying with AACN blueprint; significant assessment and diagnostic findings relevant to the critical and/or progressive care environment.

Audience: RNs, LPNs and other interested healthcare providers

Dates: July 15 & 16 (CCRN review) **Time:** 8am-4:30pm **Location:** Health Resource Center
July 16-17 (PCCN review)

Fees: EAMC & Lanier Employees: \$10 per day **Contact Hours:** 14.0 for two days
Non-Employees: \$110 per day; Groups of 3 or more \$100 per person

Demystifying X-Ray and Lab-this course you will understand the intricacies of the differential on CBC; use a three-part tool to make interpretation of ABG's fast and easy; understand the five areas of quick assessment of the chest X-ray and what abnormal findings are indication; predict causes of acute renal failure by looking at lab findings and learn causes of each; calculate the corrected calcium to drive need for intervention; and learn the new lab helping identify those patients at a high risk for progressing to severe sepsis.

Audience: RNs, LPNs, and other interested healthcare providers

Dates: Aug 22 **Time:** 8am-4:30pm **Location:** Health Resource Center

Fees: EAMC & Lanier Employees: \$10 **Contact Hours:** 7.0
Non-Employees: \$110; Groups of 3 or more \$100 per person

Legal Issues in Nursing-this course identifies the three components which must be present for negligence, compare & contrast negligence with gross negligence, discuss common documentation problems which can make a difference in the legal outcome of a case, identify two common malpractice issues in the participant's field of nursing & describe the deposition and discuss ways to improve the deposition should the need arise.

Audience: RNs, LPNs and any other interested healthcare providers

Dates: Sept 25 **Time:** 8am-4:30pm **Location:** Health Resource Center

Fees: EAMC Employees: \$10 **Contact Hours:** 6.5
Non-Employees: \$110; Groups of 3 or more \$100

The Licensed Health Care Professional and Health Care Reform-this course describes how key features of the law will relate to practitioners, list the "Essential Health Benefits" that must be provided in health plans, explain how linking payment to quality outcomes will influence clinical practice and analyze the liability implications for providers.

Audience: RNs, LPNs and any other interested healthcare providers

Dates: June 24 **Time:** 8am-4:30pm **Location:** Health Resource Center

Fees: EAMC Employees: \$10 **Contact Hours:** 6.5
Non-Employees: \$110; Groups of 3 or more \$100

Self Development

Basic Medical Terminology-is designed to give the learner the tools to interpret unfamiliar terms and decipher their meaning in order to understand basic medical terminology.

Audience: Patient Care Assistants, MCTs, Medical Office Assistants, Clerks, Techs, Physician Office Support Staff and anyone interested in this topic.

Dates: Feb 14 Apr 25 July 18 Sept 26 Nov 21 **Times:** 8am-11am

Fees: EAMC & Lanier Employees: No Charge **Location:** Health Resource Center
Non-Employees: \$30

Non-Violent Crisis Intervention (CPI)-teaches you to protect yourself and manage behavioral violence in a healthcare setting.

Audience: EAMC Employees only **Contact Hours:** Pending approval ABN

Dates/Times/Location:

Feb 4	9am-4pm	Classroom C (Basement EAMC)
Apr 8 & 9	4pm-8pm (both days)	Classroom C (Basement EAMC)
June 3	9am-4pm	Classroom C (Basement EAMC)
July 8	9am-4pm	Classroom C (Basement EAMC)
Sept 11	9am-4pm	Classroom B (Basement EAMC)

Non-Violent Crisis Intervention Refresher(CPI)-teaches you to protect yourself and manage behavioral violence in a healthcare setting.

Audience: EAMC Employees who have previously taken the full Non-Violent Crisis Intervention (CPI) course.

Dates/Time:

Contact Hours: Pending approval ABN

Jan 7	9am-1pm	July 22	9am-1pm	Location: Classroom C (Basement EAMC)
Mar 18	9am-1pm	Aug 5	9am-1pm	
May 6	9am-1pm	Aug 19	4pm-8pm	

School at Work (SAW)-a bridge program that prepares employees for better paying jobs and for entrance to college. Refresh your math, reading and communication skills. Have fun learning with your co-workers. Gain the skills you need to move ahead.

Audience: EAMC Employees with clinical focus or interested in continuing their education and moving up the career ladder.

Dates/Times: Classes will be scheduled during the work day for two hours. Begins in September and continues through May. Watch FOCUS for enrollment dates and times.

Contact: Mike Smith 334-528-1469 or Debra Walters 334-528-4162 for more information

Scholarship Loan Program

Purpose: the purpose of EAMC's Scholarship Loan Program is twofold. It provides students with financial assistance and it assures EAMC of well-trained, competent healthcare professionals.

Eligibility: anyone pursuing a health-related career in which EAMC has an actual or projected need may apply. Examples include but are not limited to: nursing, medical laboratory science, emergency medical services, medical coding, and rehabilitative therapy.

Award Amount: the total amount awarded is determined by the program and school at which the student is enrolled.

Repayment of Scholarship Loan: the scholarship recipient agrees to accept full-time employment with EAMC after graduation for a period of time as outlined in the contract. The exact amount of time is determined by the amount of the loan the student receives.

Application Deadlines:

Spring/Summer Semester: 1st Friday of October (no later than 4:30pm)

Fall Semester: 1st Friday of May (no later than 4:30pm)

Applications are available at www.eamc.org , Careers, Scholarships

Contact Lisa Ruffin, Cornerstone Manager, 334-528-1181 for more information.

Tuition Reimbursement Program

EAMC Tuition Reimbursement Program is designed to help employees with the cost of college tuition.

Eligibility:

- Employment-must have one year service with EAMC, FT or PT
- Relevance-course taken must benefit employee in current position or help prepare for a future healthcare career.
- Grade Earned-student must pass course with a "C" or higher. The level of reimbursement correlates to the grade earned as follows:

A = 100% B = 75% C = 50%

Limit: reimbursement limit is \$1,500 per fiscal year. **Coverage:** only tuition expenses will be reimbursed.

Applications can be found on Sharepoint under Education. For more information, contact Human Resources 334-528-4188.

Health Related Programs of Study

<p>Auburn University www.auburn.edu Exercise Science Med Tech or Clinical Lab Tech Nursing-BSN, MSN, BS → BSN</p>	<p>Southern Union State Community College www.suscc.edu CNA EMT Nursing-LPN, LPN→RN, ADN, Paramedic→RN Radiology Surg Technology</p>
<p>Auburn University at Montgomery www.aum.edu Exercise Science Med Tech or Clinical Lab Tech Nursing-BSN, MSN, ADN → BSN Pre-PT</p>	<p>Troy University www.troy.edu Nursing-BSN, MSN, ADN→BSN</p>
<p>Central Alabama Community College www.cacc.edu Nursing-LPN, LPN → RN, AND</p>	<p>University of Alabama Birmingham www.uab.edu Health Admin Med Tech or Clinical Lab Tech Nursing-BSN, MSN Occu. Therapy Physical Therapy Radiology</p>
<p>Columbus Technical College www.columbustech.edu Nursing-LPN→RN, AND, ADN→BSN Pharm Tech Radiology Surg. Technology</p>	<p>University of South Alabama www.southalabama.edu Physical Therapy Occu. Therapy Radiology</p>
<p>Columbus State www.ColumbusState.edu Exercise Science Health Admin Nursing-BSN</p>	<p>University of West Alabama www.uwa.edu Athletic Trainer Nursing</p>
<p>Chattahoochee Valley Community College www.cv.edu CNA Med Assisting Nursing-LPN, ADN</p>	<p>Wallace Community College www.wallace.edu EMT Med Assisting Nursing-LPN, LPN→RN, ADN PTA Radiology</p>

Directions to the Health Resource Center

From the Southwest (Montgomery, AL)

- Take I-85 N to Exit 58 (Hwy 280 W-Gateway Drive)
- Take Hwy 280 W (Gateway Drive) to Hwy 29 N (Pepperell Parkway)
- Turn right onto Pepperell Parkway
- The Health Resource Center is the second building on the right

From the Northeast (Atlanta, GA)

- Take I-85 S to Exit 58 (Hwy 280 W-Gateway Drive)
- Take Hwy 280 W (Gateway Drive) to Hwy 29 N (Pepperell Parkway)
- Turn right onto Pepperell Parkway
- The Health Resource Center is the second building on the right

From the Northwest (Birmingham, AL)

- Take Hwy 280 E (Gateway Drive) to Hwy 29 N (Pepperell Parkway)
- Turn left onto Pepperell Parkway

The Health Resource Center is the second building on the right

Directions to East Alabama Medical Center

From the Southwest (Montgomery, AL)

- Take I-85 N to Exit 58 (Hwy 280 W-Gateway Drive)
- Take Hwy 280 W (Gateway Drive) to Hwy 29 N (Pepperell Parkway)
- Turn right onto Pepperell Parkway
- Turn left at the second red light onto East Alabama Medical Center campus

From the Northeast (Atlanta, GA)

- Take I-85 S to Exit 58 (Hwy 280 W-Gateway Drive)
- Take Hwy 280 W (Gateway Drive) to Hwy 29 N (Pepperell Parkway)
- Turn right onto Pepperell Parkway
- Turn left at the second red light onto East Alabama Medical Center campus

From the Northwest (Birmingham, AL)

- Take Hwy 280 E (Gateway Drive) to Hwy 29 N (Pepperell Parkway)
- Turn left onto Pepperell Parkway
- Turn left at the second red light onto East Alabama Medical Center campus



The following classes are held at
Lanier Hospital in Valley, AL

Time Zone Reminder

- Classes held at Lanier Hospital are on Eastern Time Zone.

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Course	Page	Contact Hours
Advanced Cardiac Life Support (ACLS) Initial	33	9.6 ABN
Advanced Cardiac Life Support (ACLS) Renewal	33	9.6 ABN
AHA ECG and Pharmacology	33	7.8 ABN
Basic Life Support for Healthcare Providers (Initial)	34	3.6 ABN
Basic Life Support for Healthcare Providers (Renewal)	34	2.4 ABN
Pediatric Advanced Life Support (PALS)	34	8.4 ABN

Table of Contents Clinical Development Courses at Lanier		
Course	Page	Contact Hours
IV Therapy for Nurses	35	2.4 ABN
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Breastfeeding	35	None
Diabetes Class: Living Well with Diabetes	35	None
Heart Failure Education	36	None
Prenatal Class	36	None
Safe Sitter	36	None

American Heart Association Courses at Lanier Hospital

Advanced Cardiac Life Support(ACLS) Initial-is designed for healthcare providers who either direct or participate in the resuscitation of a patient, whether in or out of a hospital.

Pre-requisite: Must complete the AHA Pharmacology/EKG Class before attending.

Audience: RN's, EMTs, Physicians, Pharmacists, Respiratory Therapists

Time: 8:45am-5pm

Location: Education Classroom at Lanier

Dates: Jan 21 Apr 8 Aug 12 Oct 7

Contact Hours: 8.4 ABN

Fees: EAMC & Lanier Employees: No Charge; Textbook is available for purchase for \$40
Non-Employees: \$110

Advanced Cardiac Life Support (ACLS) Renewal-is designed for healthcare providers who either direct or participate in the resuscitation of a patient, whether in or out of a hospital. For experienced providers only.

Audience: RN's, EMTs, Physicians, Pharmacists, & Respiratory Therapists

Time: 8:45am-5pm

Location: Education Classroom at Lanier

Dates: Mar 4 Nov 7

Contact Hours: 8.4 ABN

Fees: EAMC & Lanier Employees: No Charge; Textbook is available for purchase for \$40
Non-Employees: \$110

AHA ECG and Pharmacology-is a pre-requisite class for initial ACLS and PALS Classes. The class covers two modules, ECG, which reviews basic electrophysiology, normal ECG measurements and basic dysrhythmias. The student must pass a written test with a score of 84% to be eligible for the initial ACLS or PALS class. The second module, Pharmacology, covers the administration of appropriate drugs within the ACLS and PALS algorithms. **This class is mandatory prior to anyone taking ACLS or PALS for the first time.**

Audience: RN's, EMTs, Physicians, Pharmacists, & Respiratory Therapists

Time: 8:30am-4pm

Location: Education Classroom at Lanier

Dates: Jan 9 Mar 13 Sept 24

Contact Hours: 7.8 ABN

Fees: EAMC & Lanier Employees: No Charge; Textbook is available for purchase for \$40
Non-Employees: \$94

ACLS/PALS students-Please note that you must have a current CPR card to take the course and you **MUST** pick up your manual 14 days prior to the course date.

Make checks payable to: Lanier Health Services

Mail payment to: Lanier Health Services-Education Department, 4800 48th Street, Valley, AL 36854

American Heart Association Courses at Lanier Hospital

Basic Cardiac Life Support (BLS) Initial-This course will teach you the skills of CPR for victims of all ages. The skills you learn will enable you to recognize emergencies such as sudden cardiac arrest and how to respond. Course includes AED.

Audience: LHS healthcare providers, nursing students and anyone interested in learning BLS.

Time: 2pm-5pm

Location: Education Classroom at Lanier

Dates: Jan 22 Feb 19 Mar 19 Apr 16 May 21 June 18 July 16 Aug 20 Sept 17 Oct 22 Nov 19 Dec 17

Fees: EAMC & Lanier Employees: No Charge
Non-Employees: \$65
Nursing Students: \$35

Contact Hours: 3.6 ABN

Basic Cardiac Life Support (BLS) Renewal-this class is for current BLS cardholders who need to renew their BLS.

Audience: LHS healthcare providers, nursing students and anyone needing to renew their BLS card.

Time: 9am-11am

Location: Education Classroom at Lanier

Dates: Jan 17 Feb 14 Mar 14 Apr 11 May 16 June 13 July 11 Aug 15 Sept 12 Oct 17 Nov 14 Dec 12

Fees: EAMC & Lanier Employees: No Charge
Non-Employees: \$35
Nursing Students: \$35

Contact Hours: 2.4 ABN

Pediatric Advanced Life Support (PALS)-this course is designed to improve the recognition, treatment and outcome of seriously ill and injured children.

Pre-requisite: Must complete the AHA Pharmacology/EKG Class before attending.

Audience: RN's, EMTs, Physicians, Pharmacists, & Respiratory Therapists

Time: 9am-5pm

Location: Education Classroom at Lanier

Dates: Jan 16 Apr 2 July 29 Oct 16

Contact Hours: 8.4 ABN

Fees: EAMC & Lanier Employees: No Charge; Textbook is available for purchase for \$40
Non-Employees: \$100

ACLS/PALS students-Please note that you must have a current CPR card to take the course and you **MUST** pick up your manual 14 days prior to the course date.

Make checks payable to: Lanier Health Services

Mail payment to: Lanier Health Services-Education Department, 4800 48th Street, Valley, AL 36854

Clinical Development Courses at Lanier Hospital

IV Therapy for Nurses-this class is designed to review indications for IV (peripheral and central access) therapy, potential complications associated with the use in intravenous lines and devices, and the care of patient receiving infusion therapies with a return demonstration on a manikin.

Audience: Nurses

Time: 10am-12pm

Location: Skills Lab at Lanier

Dates: Feb 26 June 24 Oct 27

Contact Hours: 2.4 ABN

Fees: EAMC & Lanier Employees: No Charge
Non-Employees: \$29

Vascular Access Device (VAD)-this class is designed to cover the types of central lines, indications, care and maintenance, complications and troubleshooting and hands on practice accessing and de-accessing a Port-A-Cath.

Audience: RNs & EMTs

Time: 9am-1pm

Location: Skills Lab at Lanier

Dates: Jan 29 Apr 30 Aug 27 Nov 5

Contact Hours: 4.8 ABN

Fees: EAMC & Lanier Employees: No Charge
Non-Employees: \$58

Community Courses at Lanier Hospital

Breastfeeding Class-this class is designed for new or expectant mothers who are interested in learning more about breastfeeding. The class includes information about breastfeeding techniques and methods, storing milk, weaning and hints for working mothers.

Audience: Pregnant women or new mothers.

Dates: Call 334-756-1455 for specific dates **Time:** 6pm-8pm **Location:** Education Classroom at Lanier

Fees: No Charge

Diabetes Class: Living Well with Diabetes-this class is designed for new and existing patients with diabetes and covers disease process, diet, exercise and goal setting.

Audience: Diabetic patients (One support person in attendance is recommended and welcomed)

Dates: Call 334-756-1607 for specific dates **Time:** 8:30am-2pm **Location:** Education Classroom at Lanier

Fees: EAMC & Lanier Employees: No Charge
Non-Employees: \$15 (includes supplies, lunch and support person)

Make checks payable to: Lanier Health Services

Mail payment to: Lanier Health Services-Education Department, 4800 48th Street, Valley, AL 36854

Community Courses at Lanier Hospital

Heart Failure Education-this class is for anyone who has heart failure and would like further education

Audience: Heart Failure Patients (One support person in attendance is recommended and welcomed)

Dates: Call 334-756-1607 for specific dates **Time:** 3pm-5pm **Location:** Cardiac Rehab at Lanier

Fees: EAMC & Lanier Employees: No Charge

Non-Employees: \$15 (includes supplies, lunch and support person)

Prenatal Class-this two hour program is a condensed childbirth education class. The class will provide childbirth information, a tour of the childbirth facilities at Lanier Health Services and information about the hospital stay during the birth of your baby.

Audience: Pregnant women and their support person

Dates: Call 334-756-1455 for specific dates **Time:** 6pm-8pm **Location:** Education Classroom at Lanier

Fees: No Charge

Safe Sitter-is a medically accurate program that teaches boys and girls ages 11-13 how to handle emergencies when caring for children. The class teaches safe and nurturing childcare techniques, behavior management skills, and appropriate responses to medical emergencies.

Audience: Children ages 11-13 Child must be age 11 the day of the class-No Exceptions!!

Dates: Call 334-756-1537 for specific dates **Time:** 9am-3:30pm **Location:** Education Classroom at Lanier

Fees: \$30 Consent form and fee is due at the time of registration.

Make checks payable to: Lanier Health Services

Mail payment to: Lanier Health Services-Education Department, 4800 48th Street, Valley, AL 36854

Directions to Lanier Hospital

From the Southwest (Montgomery, AL)

- Take I-85 N to Exit 79 (Lanett/Valley exit)
- Turn right onto AL-15 S/US-29 S/Broad Avenue
- Turn left onto 48th Street

From the Northeast (Atlanta, GA)

- Take I-85 N to Exit 79 (Lanett/Valley exit)
- Turn left onto AL-15 S/US-29 S/Broad Avenue
- Turn left onto 48th Street



East Alabama Medical Center

2000 Pepperell Parkway

Opelika, AL 36801

334.749.3411

www.eamc.org

EAMC-Lanier Health Services

4800 48th Street

Valley, AL 36854

334.756.1455

www.lanierhospital.com

Health Resource Center

2027 Pepperell Parkway

Opelika, AL 36801

334.528.1260

Professional Practice & Development

2000 Pepperell Parkway

Opelika, AL 36801

334.528.3038